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Effectively Universal Behavior of Rotating Neutron Stars in General Relativity Makes Them Even Simpler than Their Newtonian Counterparts

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Recently, it was shown that slowly rotating neutron stars exhibit an interesting correlation between their moment of inertia \( I \), their quadrupole moment \( Q \), and their tidal deformation Love number \( \lambda \) (the \( I-Q \) relations), independently of the equation of state of the compact object. In the present Letter a similar, more general, universality is shown to hold true for all rotating neutron stars within general relativity; the first four multipole moments of the neutron star are related in a way independent of the nuclear matter equation of state we assume. By exploiting this relation, we can describe quite accurately the geometry around a neutron star with fewer parameters, even if we don’t know precisely the equation of state. Furthermore, this universal behavior displayed by neutron stars could promote them to a more promising class of candidates (next to black holes) for testing theories of gravity.

Introduction.—Neutron stars (NSs) constitute a class of the most interesting laboratories for studying extreme physics in nature. The physical processes taking place in these astrophysical objects involve on the one hand strong gravity effects, second only to the inexorable gravitational effects of astrophysical black holes (BHs), and on the other hand microscopic effects that are related to the properties of matter in densities that exceed nuclear density. Consequently, NSs offer a valuable tool for broadening our understanding of gravity, by testing the predictions of the established theory of general relativity (GR) or alternative theories of gravity, as well as our understanding of the microphysics ruling matter at densities as high as those found at the centre of NSs. This effort can be hindered by the complexities of the microphysics that enters the description of NSs and the way these complexities propagate to the gravitational aspects of the problem. Thus understanding NSs structure and gravitational field is of paramount importance.

Recently, it was shown in [1] that for slowly rotating NSs there exist some interesting and unexpected universal relations between the normalized moment of inertia \( \tilde{I} \equiv I/M^3 \), the normalized quadrupole \( \tilde{Q} \equiv Q/(M^3j^2) \) (where \( M \) is the mass, \( j \equiv J/M^2 \) is the spin parameter, and \( J \) is the angular momentum), and the normalized Love number \( \tilde{\lambda} \equiv \lambda/M^3 \), that is, relations that are independent of the specific equation of state (EOS) assumed to describe the NS matter. It was argued that one could use these universal relations in the gravitational wave analysis of NS/BH or NS/NS binary inspirals to break the degeneracy, showing up at 2PN order, between the quadrupole moment and the spin-spin interaction terms of the two bodies, and thus measure the properties of each member individually. Moreover, it was argued that these relations could be used to perform tests of the theory of gravity (i.e., to distinguish between NSs in different theories of gravity and NSs within GR), since any EOS uncertainties and their subsequent gravitational effects could be eliminated.

However, it was shown in [2], that these relations do not hold for rapidly rotating NSs, where the rotation was parametrized with the rotation frequency of the NS. Even for moderate rotation rates, i.e., rotation frequencies above a few hundred Hz, deviations from the universal relation of [1] between the normalized quadrupole and the normalized moment of inertia \( (I-\tilde{Q} \) relation) start showing up. Therefore, a frequency dependence is introduced beyond the slow-rotation approximation. This dependence is weaker as one approaches the maximum mass limit for NSs, since then NSs behave more like black holes. The loss of universality at large rotation rates though, does not lessen its significance, since NSs involved in inspiraling binaries are not expected to rotate really fast [3]. The effects of magnetic fields have also been explored in [4].

While studying the relativistic multipole moments of compact objects [5] in order to use them as parameters to construct analytic spacetimes that are mimicking the geometry around such objects [6], we found an unexpected universal connection between the first four relativistic multipole moments, that was independent of which realistic EOS was used to construct the NS models. Namely, the values of the reduced parameters, \( j \), \( \sqrt{-q} \equiv \sqrt{-Q/M^3} \), and \( \sqrt{-x_3} \equiv \sqrt{-S_3/M^4} \), where \( Q \) is the quadrupole and \( S_3 \) is the spin octupole of the Geroch-Hansen moments [7,8],...
were found to lie on a single, almost planar, surface independent of the EOS. This is analogous to the reduced moments of Kerr black holes which lie on a line. Effectively, this universality could be considered as a “no hair” property of neutron stars, resembling that of black holes.

The significance of this result has two aspects. On the one hand, the observed behavior implies that the extra degrees of freedom that are encoded in realistic EOSs (realistic EOSs can be described as piecewise polytropes with several parameters varying from one EOS to the other) are irrelevant to the relations between the multipole moments. Thus one could obtain a simple description of the spacetime around NSs and its stationary properties, independently of the details of the EOS. Furthermore, the relations between the moments could be used to extract information from astrophysical systems in the gravitational-wave window, as it is elaborated in [1], as well as in the electromagnetic window, where the moments are the parameters to be extracted from the observations (see, for example, [9–12]).

On the other hand, this behavior of NSs in GR offers, at least in principle, the possibility of new tests of gravity. One possible avenue of exploration could be to attempt an observational verification of this behavior of NSs, although such an endeavor will be really challenging. Another aspect, worth exploring, is whether NSs in alternative theories of gravity display similar behavior. That, if nothing else, would be an interesting theoretical investigation in the properties of alternative theories (some first results have been produced in Chern-Simons [1] and in Eddington-inspired Born-Infeld [13] gravity). However, it should be emphasized that any comparison between GR and alternative theories of gravity should be preceded by a careful construction of appropriate corresponding quantities in other theories.

Finally, we should note that when a scale, such as the mass or the rotational frequency of the star, is introduced in the description, the universality of the reduced moments between different EOSs breaks and individual EOSs can be discerned.

The rest of this Letter is organized as follows. First, we present the setup of our analysis and briefly discuss some aspects of the Newtonian theory to gain some insight on the behavior of the moments. Then we present our results regarding the universal behavior, followed by a comparison with the previously established I-Love-Q universality. We conclude with a short discussion on how one can break the degeneracy between the different EOSs.

Numerical models and the parameter space.—For our analysis we have constructed NS models using the RNS numerical code of [14]. For these models we computed the multipole moments according to the prescription presented in [5] (some first results for the moments of NSs have been presented in [15]). The EOSs that we have used [16–23] to construct the NS models are presented in Table I of [30].

Apart from the nuclear matter EOSs, we have also used the two proposed EOSs in [24] as inferred by Bayesian analysis from astrophysical observations of type I x-ray bursters with photospheric radius expansion and from thermal emission from quiescent low-mass x-ray binaries. We will generally refer to all these EOSs as “the realistic” EOSs. For our analysis we have used models from a little less than $1M_\odot$ up to the maximum stable mass for each EOS. The masses are expressed in geometric units ($1M_\odot = 1.477$ km).

For each of these models (see details in [30]) we obtain a multitude of physical parameters, among which are the first nonzero multipole moments, i.e., the mass $M$, the angular momentum $J$, the mass quadrupole $Q$, and the spin octupole $S_3$. As shown in [5,25], the higher reduced moments scale with some appropriate power of the spin parameter $j$, i.e.,

$$q = -a(M, \text{EOS}) j^2, \quad (1)$$

$$s_3 = -\beta(M, \text{EOS}) j^3, \quad (2)$$

where the coefficients $a$ and $\beta$ depend in general on the mass of the NS and the EOS. Here, we will consider the three dimensional parameter space of $j$, $\sqrt{a} \equiv \sqrt{-q}/j$, and $\sqrt{\beta} \equiv \sqrt{-s_3}/j$.

We should note at this point that, as it was shown in [6], by using the two-soliton analytic spacetime [26], the first four nonzero moments are capable of producing an accurate description of the spacetime exterior of NSs, while the first moments could in principle be measured by using for example quasi-periodic oscillations as probes of the geometry around NSs [9], or other methods [10–12]. Therefore these four moments constitute in practice all the necessary information for the description of the spacetime around a NS and are in principle accessible by astrophysical observations.

Before presenting our results, it would be useful if we could gain some insight into what to expect. For slowly rotating Newtonian polytropes [including deformations of $O(\Omega^2)$] one can show that the multipole moments scale as

$$J \propto \rho_c^{(5-3n)/2n} \Omega_* \Rightarrow j \propto \rho_c^{(-1-n)/2n} \Omega_* \propto \rho_c^{-1/2} \left( \frac{\Omega_*}{\Omega_K} \right), \quad (3)$$

$$Q \propto \rho_c^{[5(1-n)]/2n} \Omega_*^2 \Rightarrow q \propto \rho_c^{-2-n} \Omega_*^2 \propto \rho_c^{-2/n} \left( \frac{\Omega_*}{\Omega_K} \right)^2, \quad (4)$$

$$S_3 \propto \rho_c^{[7(1-n)]/2n} \Omega_*^3 \Rightarrow s_3 \propto \rho_c^{(-5-3n)/2n} \Omega_*^3 \propto \rho_c^{-5/2n} \left( \frac{\Omega_*}{\Omega_K} \right)^3, \quad (5)$$

where $\rho_c$ and $\Omega_*$ are the central density and the rotation frequency of the star, respectively, $n$ is the polytropic index.
of the polytrope, $P = K_{p}^{1+1/n}$, and $\Omega_{K}$ is the Kepler frequency, which is $\Omega_{K} \propto \rho_{c}^{3/2}$ (we should also note that $M \propto \rho_{c}^{(3-n)/2n}$ and $R \propto \rho_{c}^{(1-n)/2n}$, and that all these relations hold also for GR polytropes, see [27]). From these expressions we can see that the parameters $\sqrt{a}$ and $\sqrt{b}$ of Eqs. (1) and (2) (these equations are valid for slow rotation, as one can infer from the above formulas) can be related as follows:

$$\sqrt{a} = \frac{-q}{j} \propto \rho_{c}^{-1/2n}$$

$$\sqrt{b} = \frac{-s_{3}}{j} \propto \rho_{c}^{-1/3n} \Rightarrow \sqrt{b} \propto (\sqrt{a})^{2/3}. \quad (6)$$

We will use this Newtonian behavior as a guide to analyze the behavior of NSs in GR. Namely, we will seek a relation between the parameters $\sqrt{a}$ and $\sqrt{b}$ in GR of the form $\sqrt{b} = B(\sqrt{a})^{\nu}$; if we had taken the Newtonian result at face value we would have $\nu = 2/3$, while $B$ would depend on the EOS.

**Universal behavior.**—The question arising now is, what is the behavior of the moments for the realistic EOSs in GR and do different EOSs display different behavior? Surprisingly, the answer is that all realistic EOSs behave as a single polytropelike EOS with respect to the relations between the multipole moments, forming a very well-defined surface in the parameter space of $(j, \sqrt{a}, \sqrt{b})$. This surface is shown in Fig. 1. The central density of the NS models increases as $\sqrt{a}$ decreases. The right edge of the surface approaches the line of $\sqrt{a} = \sqrt{b} = 1$, which corresponds to Kerr black holes. Notice that $\sqrt{b}$ appears to have almost no dependence on $j$; thus it can be fitted very well with a function of the form

$$\sqrt{b} = B(\sqrt{a})^{\nu}. \quad (7)$$

with fitting parameters, $B = 1.17$, and $\nu = 0.74$. A better fit can be obtained if we choose the function, $\sqrt{b} = A + B(\sqrt{a})^{\nu}$, with fitting parameters, $A = -0.36$, $B = 1.48$, and $\nu = 0.65$, which is surprisingly close to 2/3. An even more accurate fit (better than 2%) is also given in [30]. This accuracy is indicative of how well all NS models fall on a surface.

The fact that all the models seem to fall on the same surface is intriguing and suggests that the moments, and more specifically the parameters $a$ and $\beta$ of Eqs. (1) and (2), depend on only two parameters (rotation and central density) without any significant dependence on any other EOS related parameter. Otherwise, the models would not occupy a surface and would be more scattered in 3D.

The explanation of why different EOSs work the same way with respect to the relations between the reduced moments can be implied by the discussion of the moments of Newtonian polytropes. The coefficients that have been omitted in the expressions (3)–(5), which make them exact equations, depend on the particular EOS; in the Newtonian polytropic case, the coefficients depend on the constant $K$ of the polytropic equation, the polytropic index $n$, and the radial profile of the specific Lane-Emden function. Actually, $K$ does not enter at all in the reduced quantities $j$, $q$, and $s_{3}$, since it has been scaled out by their definition as dimensionless quantities. The remaining characteristics of a specific EOS are anticipated to introduce a dependence of the parameter $B$ in Eq. (7) on the EOS. This dependence should be carried over from the Newtonian theory to GR. But then, why do different realistic EOSs lead to the same $B$ parameter? One could possibly suspect that there is a conspiracy in the calculation of $B$ so as to end up having the same value regardless of the EOS. Alternatively, the answer could be simply that all realistic EOSs behave as a single quasipolytropic EOS, with respect to moment determination. Next, we will explain why we believe that the latter explanation is the right one.

Most nuclear matter EOSs behave as if they have an effective polytropic index $n$ which is close to 1 (see, for example, [28]), a property exhibited by an almost indifference of the radius of the star to its central density (see Fig. 1 in [30]).

In order to test our hypothesis that the observed behavior is due to the fact that all realistic EOSs behave more or less as a single quasipolytropic, we constructed families of rotating fluid spheres with various polytropic indices and plotted these models in the same parameter space.

The result is that all the polytropic models form surfaces, similar to that formed by realistic EOSs, which are distinct for every $n$ and are described by a relation between $\sqrt{b}$ and $\sqrt{a}$ that is almost independent of $j$ and can be given in the form of Eq. (7). In Fig. 2(a), we show the best fit curves for the polytropes, which are essentially the projections of the surfaces they form, on the $j = 0$ plane (the parameters for these curves are given in Table II in [30]). Figure 2(b) shows the relative difference between the surfaces of the polytropic EOSs and the surface of the realistic models. From this plot one can see that the surfaces of the various polytropes are indeed distinct and do not intersect with each other.

Of course, a particular polytrope is expected to form a surface in the $j, \sqrt{a}, \sqrt{b}$ space, since polytropic solutions

![FIG. 1. Plot of the surface formed by all the models constructed using realistic EOSs. All the models fall on one very well-defined surface.](image-url)
mass models with very low central densities, then these models would tend towards the $n \sim 1.5$ curve, corresponding to NSs with EOSs closer to that of nonrelativistic degenerate neutrons, with larger radii and larger multipole moments. Furthermore, the rapidly rotating stars of low mass, being less compact, are expected to be less relativistic and therefore behave less like their slowly rotating Newtonian counterparts and more like rapidly rotating Newtonian stars (we have seen indications of that behavior in some models of very low masses).

To summarize, one could say that the observed universal behavior shows up because, on the one hand, all the realistic EOSs behave as the same quasipolytrope, with an effective polytropic index a little lower than 1, and on the other hand, the NSs within GR, even when they are rapidly rotating, behave as slowly rotating Newtonian fluid spheres.

**Connection to I-Love-Q.**—At this point we would also like to explore a possible connection of our results with those in [1] and [2]. Thus we plotted all our NS models in the parameter space of $(j, \sqrt{a}, \sqrt{\bar{I}})$, where $a$ is by definition the $\bar{Q}$ of [1,2]) and $\bar{I} = I/M^3$ ($I$ is the moment of inertia of the star). This is similar to the parameter space used in [2], i.e., the parameter space of $(f, \bar{Q}, \bar{I})$, where $f$ is the rotation frequency of the NS, though not exactly equivalent. Again all NSs form a single surface independent of the EOS. A plot of this surface is depicted in Fig. 6 in [30]. The surface has some non-negligible dependence on the spin parameter $j$, so we have attempted to fit it using a simple polynomial function of the form

$$\sqrt{\bar{I}} = A_1 + A_2 (\sqrt{a} - \xi_0) + A_3 (\sqrt{a} - \xi_0)^2.$$  \hspace{1cm} (8)

where $A_2 = B_1 + B_2 j + B_3 j^2$, $A_3 = C_1 + C_2 j + C_3 j^2$, and $\xi_0$ is a constant. The best fitting values for the parameters are $A_1 = 2.16$, $\xi_0 = 1.13$, $B_1 = 0.97$, $B_2 = -0.14$, $B_3 = 1.60$, $C_1 = 0.09$, $C_2 = 0.23$, and $C_3 = -0.54$. With these parameters the fit is better than 1%. Our results are equivalent to those in [2], although the use of different parameters makes them seem different. Essentially the plots in [2] are cross sections of our surface with surfaces of $f = \text{const}$ (which are not identical to the planes $j = \text{const}$).

The change from the picture given in [2] to our picture, when passing from $f$ to $j$ (both used as measures of the rotation), is the very reason for bringing the relation between $\bar{I}$ and $\bar{Q}$ into a very precise universal form, that is EOS invariant. A comparison between our fit and previous results at zero rotation is given in Fig. 7 in [30].

Thus, the universal relation between the moments of NSs translates to a generalized $\bar{I} - \bar{Q}$ invariance that holds for arbitrary rotation.

**Breaking the degeneracy.**—The universal relations presented in the previous paragraphs should not be mistakenly regarded as a conclusion that the specific EOS used to describe the interior of a neutron star is irrelevant to the structure and the physical properties of the star in general; it

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**FIG. 2.** Plot (a) is the projection on $j = 0$ of the best fit surfaces for the realistic EOSs and the polytropic EOSs. Plot (b) is the relative difference percent of the polytropic best fit surfaces from the realistic EOSs best fit surface.
is well established that different EOSs result in different masses and radii. The relations so far described, are referred to the reduced moments, not the moments themselves, where the principal scale, the mass $M$, has been factored out. Thus, the introduction of a scale to our description would make the degeneracy between different EOSs disappear. A choice for such a scale could be either the mass or the rotation frequency $f$ of the NS.

Indeed, a plot of the models in the parameter space $(M, j, \sqrt{a})$ and $(f, f/j, \sqrt{a})$ shows that different EOSs correspond to different surfaces. This can be seen in Fig. 3 where we have plotted for example the surfaces for the EOSs $L$, APR, and $A$ (see [30]). These surfaces can be fitted using a function of the form,

$$\sqrt{a} = A_1 + A_2 (\xi - \xi_0) + A_3 (\xi - \xi_0)^2,$$

(9)

where, $A_2 = B_1 + B_2 j$, $A_3 = C_1 + C_2 j$, $j$ is the spin parameter, $\xi_0$ is a constant, and $\xi$ can be either the ratio of the frequency to the spin parameter $f/j$ in kHz or the mass $M$ in km. The results of these fits are shown in Tables III and IV in [30].

Thus one could use the breaking of the degeneracy between the various EOSs by the mass or the rotation frequency in order to probe the properties of nuclear matter inside NSs. Specifically, a measurement of the first three moments of a NS (for example, see [9–12]), could constrain the NS’s EOS.

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Note added.—Recently, further corroborating results have appeared [31,32].


FIG. 3. Plots of the surfaces of three different EOSs in the parameter spaces of $(M, j, \sqrt{a})$ (left) and $(f, f/j, \sqrt{a})$ (right).