# Normalised solutions for beginners 

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National and Kapodistrian University of Athens

## The problem

Let $N \geq 2,2<p<\frac{2 N}{N-2}$ with $p \neq 2+\frac{4}{N}, \rho>0$, and consider the problem

$$
\begin{equation*}
-\Delta u+\lambda u=|u|^{p-2} u \quad \text { in } \mathbb{R}^{N}, \tag{1}
\end{equation*}
$$

where $\Delta=\sum_{j=1}^{N} \frac{\partial^{2}}{\partial x_{j}^{2}}$, paired with the constraint

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\begin{equation*}
\int_{\mathbb{R}^{N}} u^{2} \mathrm{~d} x=\rho^{2} \tag{2}
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If $(\lambda, u)$ solves $(1)-(2)$, we call it a normalised solution.
The problem (1)-(2) appears when looking for solutions to

$$
\begin{cases}\mathrm{i} \frac{\partial \Phi}{\partial t}-\Delta \Phi=|\Phi|^{p-2} \Phi & \text { in } \mathbb{R}^{N} \\ \int_{\mathbb{R}^{N}}|\Phi(x, t)|^{2} \mathrm{~d} x=\rho^{2} & \text { (conserved in time) }\end{cases}
$$

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$$
\Phi(x, t)=e^{-\mathrm{i} \lambda t} u(x) .
$$

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Let us define

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H^{1}\left(\mathbb{R}^{N}\right):=\left\{u \in L^{2}\left(\mathbb{R}^{N}\right) \left\lvert\, \frac{\partial u}{\partial x_{j}} \in L^{2}\left(\mathbb{R}^{N}\right) \forall j=1\right., \ldots, N\right\} .
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What is $\frac{\partial u}{\partial x_{j}}$ for $u \in L^{2}\left(\mathbb{R}^{N}\right)$ ? It is defined via


One can prove $H^{1}\left(\mathbb{R}^{N}\right) \hookrightarrow L^{q}\left(\mathbb{R}^{N}\right)$ for every $2 \leq q \leq \frac{2 N}{N-2}(2 \leq q<\infty$ if $N=2$ ).
Take $v \in H^{1}\left(\mathbb{R}^{N}\right)$. If we multiply (1) by $v$ and integrate by parts, we get

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\begin{equation*}
\int_{\mathbb{R}^{N}} \nabla u \cdot \nabla v+\lambda u v \mathrm{~d} x=\int_{\mathbb{R}^{N}}|u|^{p-2} u v \mathrm{~d} x . \tag{3}
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We say that $u \in H^{1}\left(\mathbb{R}^{N}\right)$ is a weak solution to (1) iff (3) holds for every $v \in H^{1}\left(\mathbb{R}^{N}\right)$.

If $I: H^{1}\left(\mathbb{R}^{N}\right) \rightarrow \mathbb{R}$ and $u, v \in H^{1}\left(\mathbb{R}^{N}\right)$, we denote

$$
I^{\prime}(u) v:=\lim _{t \rightarrow 0} \frac{I(u+t v)-I(u)}{t} .
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Then $I^{\prime}(u) \in\left(H^{1}\left(\mathbb{R}^{N}\right)\right)^{\prime}$.
We write $l \in C^{1}\left(H^{1}\left(\mathbb{R}^{\prime \prime}\right)\right)$ iff $u \mapsto I^{\prime}(u)$ is continuous.
We say that $u \in H^{1}\left(\mathbb{R}^{N}\right)$ is a critical point for $I \in \mathcal{C}^{1}\left(H^{1}\left(\mathbb{R}^{N}\right)\right)$ iff $I^{\prime}(u)=0$, i.e., $I^{\prime}(u) v=0$ for every $v \in H^{1}\left(\mathbb{R}^{N}\right)$.

Recall: If $A \subset H^{1}\left(\mathbb{R}^{N}\right)$ is open and $u \in A$, then $I_{A}^{\prime}(u)=0 \Leftrightarrow I^{\prime}(u)=0$.

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Let $\mathcal{Q}:=\left\{u \in H^{1}\left(\mathbb{R}^{N}\right) \mid G(u)=0\right\} \neq \emptyset$ for some $G \in \mathcal{C}^{1}\left(H^{1}\left(\mathbb{R}^{N}\right)\right)$ such that $G^{\prime}(u) \not \equiv 0$ for every $u \in \mathcal{Q}$.

If $u \in \mathcal{Q}$, then
$\left.I\right|_{\mathcal{Q}} ^{\prime}(u)=0$
if and only if
$I^{\prime}(u) v=0$ for every $v \in \mathcal{T}_{u} \mathcal{Q}$
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$I^{\prime}(u)=\lambda G^{\prime}(u)$ for some $\lambda \in \mathbb{R}$
Such $\lambda$ is called a Lagrange multiplier.
If, moreover, $I(u)=\min \left\{I(v) \mid v \in H^{1}\left(\mathbb{R}^{N}\right)\right.$ and $\left.G(v) \leq 0\right\}$, then
$\lambda \leq 0$. Finally, $\lambda=0$ if $G(u)<0$.
Equivalently, $I^{\prime}(u)+\lambda G^{\prime}(u)=0$ and $\lambda \geq 0($ or $\lambda>0)$.

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and let

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\mathcal{S}:=\left\{u \in H^{1}\left(\mathbb{R}^{N}\right) \mid \int_{\mathbb{R}^{N}} u^{2} \mathrm{~d} x=\rho^{2}\right\} .
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$H_{\text {rad }}^{1}\left(\mathbb{R}^{N}\right) \hookrightarrow \hookrightarrow L^{q}\left(\mathbb{R}^{N}\right)$ for every $2<q<\frac{2 N}{N-2}$, hence $u_{n} \in \mathcal{S}$, $u_{n}-u$ in $H_{\text {rad }}^{1}\left(\mathbb{R}^{N}\right) \nRightarrow u \in \mathcal{S}$. For this reason we consider


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\mathcal{D}:=\left\{u \in H^{1}\left(\mathbb{R}^{N}\right) \mid \int_{\mathbb{R}^{N}} u^{2} \mathrm{~d} x \leq \rho^{2}\right\} .
$$

Clearly $u_{n} \in \mathcal{D}, u_{n} \rightharpoonup u$ in $H^{1}\left(\mathbb{R}^{N}\right) \Rightarrow u \in \mathcal{D}$.

## The proof $(2<p<2+4 / N)$

Theorem
There exists a solution $(\lambda, u)$ to (1)-(2) such that $J(u)<0$ and $\lambda>0$.
Gagliardo-Nirenberg inequality: for every $2<q<\frac{2 N}{N-2}$ there exists $C_{q, N}>0$ such that for every $u \in H^{1}\left(\mathbb{R}^{N}\right)$ there holds

with $\left.\delta_{q}=N\left(\frac{1}{2}-\frac{1}{q}\right) \in\right] 0,1\left[\right.$. In particular, $q \delta_{q}<2 \Leftrightarrow q<2+\frac{4}{N}$ (resp. ' $=$ ', ' $>$ '). We work in $H_{\text {rad }}^{1}\left(\mathbb{R}^{N}\right)$. The norm in $H^{1}\left(\mathbb{R}^{N}\right)$ is given by

$$
\|u\|^{2}:=|u|_{2}^{2}+|\nabla u|_{2}^{2} .
$$

Note that, if $u_{n} \in \mathcal{D}$, then $\left\|u_{n}\right\| \rightarrow \infty \Leftrightarrow\left|\nabla u_{n}\right|_{2} \rightarrow \infty$.

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There exists a solution $(\lambda, u)$ to (1)-(2) such that $J(u)<0$ and $\lambda>0$.
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Lemma
$J_{\mathcal{D}}$ is coercive (and bounded below).



## Lemma

$\left.J\right|_{\mathcal{D}}$ is coercive (and bounded below).

## Proof.

If $u \in \mathcal{D}$, then from the Gagliardo-Nirenberg inequality

$$
\begin{aligned}
J(u) & =\frac{1}{2}|\nabla u|_{2}^{2}-\frac{1}{p}|u|_{p}^{p} \geq \frac{1}{2}|\nabla u|_{2}^{2}-\frac{C_{N, p}^{p}}{p}|\nabla u|_{2}^{p \delta_{p}}|u|_{2}^{p\left(1-\delta_{p}\right)} \\
& \geq \frac{1}{2}|\nabla u|_{2}^{2}-\frac{C_{N, p}^{p}}{p} \rho^{p\left(1-\delta_{p}\right)}|\nabla u|_{2}^{p \delta_{p}}
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with $p \delta_{p}<2$.

## Lemma

$\inf _{\mathcal{D}} J<0$.

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For \(u \in H^{1}\left(\mathbb{R}^{N}\right)\) and \(s>0\) define \(s \star u(x):=s^{N / 2} u(s x)\). Notice that
\(|s \star u|_{2}=|u|_{2}\), hence \(u \in \mathcal{D} \Rightarrow s \star u \in \mathcal{D}\).
```

Proof.
Fix $u \in \mathcal{D} \backslash\{0\}$. If $0<s \ll 1$, then

$$
J(s \star u)=\frac{s^{2}}{2}|\nabla u|_{2}^{2}-\frac{s^{N(p / 2-1)}}{p}|u|_{p}^{p}<0
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$\inf _{\mathcal{D}} J$ is attained (i.e., there exists $u \in \mathcal{D}$ such that $J(u)=\inf _{\mathcal{D}} J$ ).
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I et $u_{n} \in \mathcal{D}$ such that $J\left(u_{n}\right) \rightarrow \inf \mathcal{D} J$. Since $\left.J\right|_{\mathcal{D}}$ is coercive, $u_{n}$ is bounded, therefore there exists $u \in \mathcal{D}$ such that $u_{n} \rightharpoonup u$ in $H^{1}\left(\mathbb{R}^{N}\right)$ and $u_{n} \rightarrow u$ in $L^{P}\left(\mathbb{R}^{N}\right)$ (up to a subsequence). Then

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## Proof of the main Theorem.

Let $u \in \mathcal{D}$ such that $J(u)=\min _{\mathcal{D}} J<0$. Then $u$ is a critical point of $\left.J\right|_{D}$, i.e., there exists $\lambda \geq 0$ such that

for every $v \in H^{1}\left(\mathbb{R}^{N}\right)$. Recall that $\lambda=0$ if $u \in \mathcal{D} \backslash \mathcal{S}$. Taking $v=u$, we obtain $|\nabla u|_{2}^{2}+\lambda|u|_{2}^{2}=|u|_{p}^{p}$. If $\lambda=0$, then

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Fix $u \in \mathcal{D} \backslash\{0\}$. Then (recall $p \delta_{p}>2$ )

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## From Nehari + Pohožaev we obtain

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\begin{equation*}
\int_{\mathbb{R}^{N}}|\nabla u|^{2} \mathrm{~d} x=N\left(\frac{1}{2}-\frac{1}{p}\right) \int_{\mathbb{R}^{N}}|u|^{p} \mathrm{~d} x . \tag{4}
\end{equation*}
$$

## Define


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and note that for every $u \in \mathcal{M}$

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J(u)=\underbrace{\frac{1}{p}\left(\frac{N}{4}(p-2)-1\right)}_{C_{0}} \int_{\mathbb{R}^{N}}|u|^{p} \mathrm{~d} x>0 .
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r:=r(u):=\sqrt{N\left(\frac{1}{2}-\frac{1}{p}\right) \frac{|\nabla u|_{2}^{2}}{|u|_{p}^{p}}} .
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Since $J(u)=C_{0}|u|_{p}^{P}$ if $u \in M \cap D, \frac{1}{2}|\nabla u|_{2}^{2}=\frac{1}{p}|u|_{p}^{p}+J(u)=C J(u)$.

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$|\nabla u|_{2}^{2}=C|u|_{p}^{p} \leq C^{\prime}|\nabla u|_{2}^{p \delta_{p}}|u|_{2}^{p\left(1-\delta_{p}\right)} \leq C^{\prime} \rho^{p\left(1-\delta_{p}\right)}|\nabla u|_{2}^{p \delta_{p}}, p \delta_{p}>2$. $\square$

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## Lemma

## $m$ is attained.

## Proof.

Let $u_{n} \in M \cap \mathcal{D}$ such that $J\left(u_{n}\right) \rightarrow m$. Then it is bounded, hence there exist $u \in \mathcal{D}$ such that $u_{n} \rightharpoonup u$ in $H^{1}\left(\mathbb{R}^{N}\right)$ and $u_{n} \rightarrow u$ in $L^{P}\left(\mathbb{R}^{N}\right)$ (up to a subsequence).
Next, $0<m=\lim C_{n} C_{0}\left|u_{n}\right|_{p}^{p}=C_{0}|u|_{p}^{p}$, therefore $u \neq 0$ and we can consider $u_{r} \in \mathcal{M}$.
Moreover, $r^{2}=r(u)^{2}=N\left(\frac{1}{2}-\frac{1}{p}\right) \frac{|u|_{p}^{p}}{|\nabla u|_{2}^{2}} \geq \lim _{n} N\left(\frac{1}{2}-\frac{1}{p}\right) \frac{\left|u_{n}\right|_{p}^{p}}{\left|\nabla u_{n}\right|_{2}^{2}}=1$,
thus $u_{r} \in \mathcal{D}$.
Finally, $m \leq J\left(u_{r}\right)=C_{0}\left|u_{r}\right|_{p}^{p}=C_{0} r^{-N}|u|_{p}^{p} \leq C_{0}|u|_{p}^{p}=\lim n_{n} C_{0}\left|u_{n}\right|_{p}^{p}$
$=\lim _{n} J\left(u_{n}\right)=m$, therefore $r=1$ and $J(u)=m$.

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Let $u_{n} \in \mathcal{M} \cap \mathcal{D}$ such that $J\left(u_{n}\right) \rightarrow m$. Then it is bounded, hence there exist $u \in \mathcal{D}$ such that $u_{n} \rightharpoonup u$ in $H^{1}\left(\mathbb{R}^{N}\right)$ and $u_{n} \rightarrow u$ in $L^{P}\left(\mathbb{R}^{N}\right)$ (up to a subsequence).
Next, $0<m=\lim _{n} C_{0}\left|u_{n}\right|_{p}^{p}=C_{0}|u|_{p}^{p}$, therefore $u \neq 0$ and we can consider Moreover, $r^{2}=r(u)^{2}=N\left(\frac{1}{2}-\frac{1}{p}\right) \frac{|u|_{p}^{p}}{|\nabla u|_{2}^{2}} \geq \lim _{n} N\left(\frac{1}{2}-\frac{1}{p}\right) \frac{\left|u_{n}\right|_{p}^{p}}{\left|\nabla u_{n}\right|_{2}^{2}}=1$,
 $=\lim _{n} J\left(u_{n}\right)=m$, therefore $r=1$ and $J(u)=m$.

## Lemma

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Moreover, $r^{2}=r(u)^{2}=N\left(\frac{1}{2}-\frac{1}{p}\right) \frac{|u|_{p}^{p}}{|\nabla u|_{2}^{2}} \geq \lim _{n} N\left(\frac{1}{2}-\frac{1}{p}\right) \frac{\left|u_{n}\right|_{p}^{p}}{\left|\nabla u_{n}\right|_{2}^{2}}=1$,

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thus $u_{r} \in \mathcal{D}$.
Finally, $m \leq J\left(u_{r}\right)=C_{0}\left|u_{r}\right|_{p}^{p}=C_{0} r^{-N}|u|_{p}^{p} \leq C_{0}|u|_{p}^{p}=\lim _{n} C_{0}\left|u_{n}\right|_{p}^{p}$
$=\lim _{n} J\left(u_{n}\right)=m$, therefore $r=1$ and $J(u)=m$.

## Proof of the Theorem.

Let $u \in \mathcal{M} \cap \mathcal{D}$ such that $J(u)=m>0$. There exist $\lambda \geq 0$ and $\sigma \in \mathbb{R}$ such that $-(1+2 \sigma) \Delta u+\lambda u=\left(1+\sigma N \frac{p-2}{2}\right)|u|^{p-2} u$. Then the Nehari identity $(1+2 \sigma)|\nabla u|_{2}^{2}+\lambda|u|_{2}^{2}=\left(1+\sigma N \frac{p-2}{2}\right)|u|_{p}^{p}$ and the Pohožacv : identity $\left.(1+2 \sigma) \frac{N-2}{2 N} \nabla \nabla_{\|}\right|_{2} ^{2}+\frac{\lambda_{1}}{2} \|_{2}^{2}=\left(1+N_{1} p-2\right) \frac{1_{|\ldots|_{p}}^{2}}{p}$ hold. From the two identities we obtain
$(1+2 \sigma)|\nabla u|_{2}^{2}=N\left(1+\sigma N \frac{p-2}{2}\right)\left(\frac{1}{2}-\frac{1}{p}\right)|u|_{p}^{p}$, and from $u \in \mathcal{M}$ we abtain $\sigma\left(\frac{1}{2}-\frac{1}{p}\right)(N(n-2)-4)|u| P-0$, whence $\sigma-0$ and $-\Delta u+\lambda u=|u|^{p-2} u$. If $\lambda=0$, then the Nehari and Pohožaev identities read $\frac{1}{p}|u|_{p}^{p}=\frac{N-2}{2 N}|\nabla u|_{2}^{2}=\frac{N-2}{2 N}|u|_{p}^{p}$, so $\lambda>0$ and $u \in \mathcal{S}$.

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