Interlacing polynomials, restricted invertibility and multi-paving

Summer School in Operator Theory

Part I

July 9, 2019

Bourgain-Tzafriri

There exist absolute constants $\delta, \gamma > 0$ such that if $A : \ell_2^n \longrightarrow \ell_2^n$ is a linear operator with $|Ae_j| = 1$ for all j = 1, ..., n then one may find a subset $\sigma \subseteq [n]$ of cardinality $|\sigma| \ge \delta n/||A||_2^2$ such that

$$\sum_{j\in\sigma} t_j A e_j \Big|^2 \geqslant \gamma \sum_{j\in\sigma} |t_j|^2$$

for any choice of scalars $\{t_j\}_{j\in\sigma}$.

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• Recall that the stable rank of A is defined by $\operatorname{srank}(A) := \|A\|_{\operatorname{HS}}^2 / \|A\|_2^2$.

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- Recall that the stable rank of A is defined by $\operatorname{srank}(A) := \|A\|_{\operatorname{HS}}^2 / \|A\|_2^2$.
- Assuming that $|Ae_j| = 1$ for all j = 1, ..., n we have $||A||^2_{HS} = n$, therefore the cardinality of the set σ provided by this theorem is proportional to the stable rank of A.

• Note also that if A_{σ} is the restriction of A to $\operatorname{span}\{e_j : j \in \sigma\}$ then the theorem is equivalent to the fact that $s_{\min}(A_{\sigma}) \ge \gamma$, where

$$s_{\min}(T) = \lambda_{\min}(\sqrt{T^{t}T}) = \lambda_{\min}(\sqrt{TT^{t}})$$

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Vershynin generalized this result as follows.

Vershynin

Let $I_n = \sum_{j=1}^m u_j u_j^t$ be an arbitrary decomposition of the identity and $A : \ell_2^n \to \ell_2^n$ be a linear operator. Then, for any $\epsilon \in (0, 1)$ one can find $\sigma \subset [m]$ of cardinality $|\sigma| \ge (1 - \epsilon) \operatorname{srank}(A)$ such that for any choice of scalars $(t_j)_{j \in \sigma}$,

$$\Big|\sum_{j\in\sigma}t_jrac{Au_j}{|Au_j|}\Big|\geqslant c(\epsilon)\Big(\sum_{j\in\sigma}t_j^2\Big)^{1/2},$$

where $c(\varepsilon) > 0$ is a constant depending only on ϵ .

Note that if |Ae_j| = 1 for all j then, applying Vershynin's theorem for the standard decomposition I_n = ∑ⁿ_{i=1} e_je^t_j we recover the Bourgain-Tzafriri theorem.

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- Moreover, we may now find $\sigma \subseteq [n]$ of cardinality greater than $(1 \epsilon)n/\|A\|_2^2$ for any $\epsilon \in (0, 1)$ so that

$$\left|\sum_{j\in\sigma}t_{j}Ae_{j}\right|^{2}\geqslant\gamma\sum_{j\in\sigma}|t_{j}|^{2}$$

will hold true, of course with a constant $\gamma = \gamma(\epsilon)$ depending on ϵ .

- Note that if $|Ae_j| = 1$ for all *j* then, applying Vershynin's theorem for the standard decomposition $I_n = \sum_{i=1}^n e_i e_i^t$ we recover the Bourgain-Tzafriri theorem.
- Moreover, we may now find $\sigma \subseteq [n]$ of cardinality greater than $(1 \epsilon)n/\|A\|_2^2$ for any $\epsilon \in (0, 1)$ so that

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will hold true, of course with a constant $\gamma = \gamma(\epsilon)$ depending on ϵ .

Spielman and Srivastava gave a generalization, in the spirit of Vershynin's theorem, with optimal dependence on ϵ .

Spielman-Srivastava

Let $\epsilon \in (0, 1)$ and $u_1, \ldots, u_m \in \mathbb{R}^n$ such that $I_n = \sum_{j=1}^m u_j u_j^t$. Let $A : \ell_2^n \to \ell_2^n$ be a linear operator. We can find $\sigma \subseteq [m]$ of cardinality $|\sigma| \ge \lfloor (1 - \epsilon)^2 \operatorname{srank}(A) \rfloor$ such that the set $\{Au_j : j \in \sigma\}$ is linearly independent and

$$\lambda_{\min}\Big(\sum_{j\in\sigma}(Au_j)(Au_j)^t\Big) \geqslant \epsilon^2 \frac{\|A\|_{\mathrm{HS}}^2}{m},$$

where the smallest eigenvalue λ_{\min} is computed on the subspace $\operatorname{span}\{Au_j : j \in \sigma\}$.

• The inequality

$$\lambda_{\min}\Big(\sum_{j\in\sigma}(Au_j)(Au_j)^t\Big) \geqslant \epsilon^2 \frac{\|A\|_{\mathrm{HS}}^2}{m},$$

is equivalent to the fact that, for any choice of scalars $(t_j)_{j\in\sigma}$,

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The Bourgain-Tzafriri theorem follows with constants γ(ε) = ε² δ(ε) = (1 − ε)²; consider the standard decomposition of the identity I_n = ∑ⁿ_{i=1} e_je^t_j, where {e_j : j = 1,..., n} and recall that ||A||²_{HS} = n.

Strong B-T

There exists an absolute constant $\gamma > 0$ with the following property: for every B > 0there exists $r = r(B) \in \mathbb{N}$ such that if $A : \ell_2^n \to \ell_2^n$ is a linear operator with $||A|| \leq B$ and $|Ae_j| = 1$ for all i = 1, ..., n, then we may find a partition $\{\sigma_k\}_{k=1}^r$ of [n] such that for every k = 1, ..., r and any choice of real coefficients $(t_j)_{j \in \sigma_k}$,

$$\left|\sum_{j\in\sigma_k}t_jAe_j\right|^2 \geqslant \gamma \sum_{j\in\sigma_k}|t_j|^2.$$

• This statement is called the strong Bourgain-Tzafriri conjecture.

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- It is now a theorem, after the proof of the *paving conjecture* by Marcus, Spielman and Srivastava.

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- This statement is called the strong Bourgain-Tzafriri conjecture.
- It is now a theorem, after the proof of the *paving conjecture* by Marcus, Spielman and Srivastava.
- In fact, the paving theorem is equivalent to the statement above, and also provides an affirmative answer to the Kadison-Singer problem.

Paving

For every $\varepsilon > 0$ there exists $r = r(\varepsilon) \in \mathbb{N}$ such that: if $S : \ell_2^n \to \ell_2^n$ is a linear operator with diagonal D(S) = 0 then we may find a partition $\{\sigma_k\}_{k=1}^r$ of [n] such that for every $k = 1, \ldots, r$

 $\|R_{\sigma_k}SR_{\sigma_k}\|\leqslant \varepsilon\|S\|.$

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- Here, R_σ is the restriction map (orthogonal projection) onto the subspace span{e_j : j ∈ σ}.
- The delicate point is that r should depend only on ε and not on n.

• Let $A : \ell_2^n \to \ell_2^n$ satisfy $|Ae_j| = 1$ for all $i \leq n$. Then, $B = A^t A$ has diagonal D(B) = (1, ..., 1) and $||B|| = ||A^t A|| = ||A||^2$.

- Let $A : \ell_2^n \to \ell_2^n$ satisfy $|Ae_j| = 1$ for all $i \leq n$. Then, $B = A^t A$ has diagonal D(B) = (1, ..., 1) and $||B|| = ||A^t A|| = ||A||^2$.
- Write $B = I_n + S$. Then, D(S) = 0 and applying the paving theorem we may find r = r(||A||) and a partition $\{\sigma_k\}_{k=1}^r$ of [n] such that for every k = 1, ..., r

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• It follows that for every $x \in \ell_2^n$ and every $k \leqslant r$ we have

$$\begin{split} \langle BR_{\sigma_k} x, R_{\sigma_k} x \rangle &= \langle R_{\sigma_k} BR_{\sigma_k} x, R_{\sigma_k} x \rangle \\ &= \langle R_{\sigma_k} x, R_{\sigma_k} x \rangle - \langle R_{\sigma_k} (I_n - B) R_{\sigma_k} x, R_{\sigma_k} x \rangle \\ &\geq |R_{\sigma_k} x|^2 - |R_{\sigma_k} (I_n - B) R_{\sigma_k} x| |R_{\sigma_k} x| \\ &\geq |R_{\sigma_k} x|^2 - \varepsilon |R_{\sigma_k} x|^2 = (1 - \varepsilon) |R_{\sigma_k} x|^2. \end{split}$$

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• This verifies the strong Bourgain-Tzafriri conjecture.

Schechtman

Let $S : \ell_1^n \to \ell_1^n$ with D(S) = 0. For every $\varepsilon > 0$ there exists $\sigma \subset [n]$ with $|\sigma| \ge \frac{\varepsilon n}{2\|S\|}$ such that $\|R_{\sigma}SR_{\sigma}\| \le \varepsilon$.

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• If $S:\mathbb{R}^n o \mathbb{R}^n$ is a linear operator and $a_{ij} = \langle Se_j, e_i
angle$ then

$$\|\boldsymbol{\mathcal{S}}:\ell_1^n o \ell_1^n\| = \max_{1\leqslant i\leqslant n}\sum_{j=1}^n |\boldsymbol{a}_{ij}|$$

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$$\|\boldsymbol{S}: \boldsymbol{\ell}_{\infty}^{n} \to \boldsymbol{\ell}_{\infty}^{n}\| = \max_{1 \leq j \leq n} \sum_{i=1}^{n} |\boldsymbol{a}_{ij}|.$$

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• Therefore, we may replace S by S', which is defined by $\langle S'e_j, e_i \rangle = |a_{ij}|$, and assume that all a_{ij} are non-negative.

Paving in ℓ_1^n

Let $A = (a_{ij})_{i,j=1}^n$ be an $n \times n$ matrix such that:

- $a_{ij} \ge 0$ and $a_{ii} = 0$.
- For all $i \leq n$, $\sum_{j=1}^{n} a_{ij} \leq 1$.

Then, for every $\varepsilon > 0$ there exists $\sigma \subset [n]$ with $|\sigma| \ge \frac{\varepsilon n}{2}$ such that: for every $i \in \sigma$, $\sum_{i \in \sigma} a_{ij} \le \varepsilon$.

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- $a_{ij} \ge 0$ and $a_{ii} = 0$.
- For every $i \leq n$, $\sum_{j=1}^{n} a_{ij} \leq 1$.

Then, for every $k \in \mathbb{N}$ there exists a partition $\{\sigma_1, \ldots, \sigma_k\}$ of [n] such that: for all $\ell \leq k$ and any $i \in \sigma_\ell$,

$$\sum_{j\in\sigma_\ell}a_{ij}\leqslant\frac{2}{k}.$$

This implies paving.

Paving in ℓ_1^n

For any $k \in \mathbb{N}$ and any $S : \ell_1^n \to \ell_1^n$ with D(S) = 0 there exists a partition $\{\sigma_1, \ldots, \sigma_k\}$ of [n] such that: for all $\ell \leq k$

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We may assume that $\gamma_i > 0$ for all $i \leq n$.

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- Since $\gamma A = \gamma$ we have $\sum_{i=1}^{n} \gamma_i a_{ij} = \gamma_j$ for all $j \leq n$.
- It follows that

$$\sum_{j=1}^{n} |\gamma_{j}| = \sum_{j=1}^{n} \left| \sum_{i=1}^{n} \gamma_{i} a_{ij} \right| \leq \sum_{j=1}^{n} \sum_{i=1}^{n} |\gamma_{i}| a_{ij} = \sum_{i=1}^{n} |\gamma_{i}| \sum_{j=1}^{n} a_{ij} = \sum_{i=1}^{n} |\gamma_{i}|.$$
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- Since $\gamma A = \gamma$ we have $\sum_{i=1}^{n} \gamma_i a_{ij} = \gamma_j$ for all $j \leq n$.
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• Since we have equality everywhere, all γ_j have the same sign. So, we may assume that $\gamma_j \ge 0$ for all $j \le n$. We shall show that $\gamma_j > 0$ for all $j \le n$.

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- Since we have equality everywhere, all γ_j have the same sign. So, we may assume that $\gamma_j \ge 0$ for all $j \le n$. We shall show that $\gamma_j > 0$ for all $j \le n$.
- Suppose that $\gamma_j = 0$ for some j. Since $a_{ij} > 0$ if $i \neq j$, from the equation $\sum_{i=1}^{n} \gamma_i a_{ij} = \gamma_j$ we get $\gamma = 0$, a contradiction.

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Claim 2

For all
$$\ell \leq k$$
 and $i \in \sigma_{\ell}$ we have $\sum_{j \in \sigma_{\ell}} a_{ij} \leq \frac{2}{k}$.

• Assuming the contrary, there exists $r \in \sigma_1$ such that $\theta := \sum_{j \in \sigma_1} a_{ij} > \frac{2}{k}$.

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- We define (k-1) new partitions $\Sigma^2, \ldots, \Sigma^k$ as follows: for every $s = 2, \ldots, k$ we define $\Sigma^s = \{\sigma_1^s, \ldots, \sigma_k^s\}$ where

$$\sigma_1^s = \sigma_1 \setminus \{r\}, \ \sigma_s^s = \sigma_s \cup \{r\} \ \text{and} \ \sigma_\ell^s = \sigma_\ell \ \text{if} \ \ell \neq 1, s.$$

• Observe that

$$f(\Sigma) - f(\Sigma^{s}) = \sum_{i,j\in\sigma_{1}} \gamma_{i}a_{ij} + \sum_{i,j\in\sigma_{s}} \gamma_{i}a_{ij} - \sum_{i,j\in\sigma_{1}\setminus\{r\}} \gamma_{i}a_{ij} - \sum_{i,j\in\sigma_{s}\cup\{r\}} \gamma_{i}a_{ij}$$
$$= \gamma_{r}\sum_{j\in\sigma_{1}} a_{rj} + \sum_{i\in\sigma_{1}} \gamma_{i}a_{ir} - \gamma_{r}\sum_{j\in\sigma_{s}} a_{rj} - \sum_{i\in\sigma_{s}} \gamma_{i}a_{ir}.$$

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• Adding these equations we see that

$$\sum_{s=2}^{k} \left(f(\Sigma) - f(\Sigma^{s}) \right) = (k-1)\gamma_{r} \sum_{j \in \sigma_{1}} a_{rj} + (k-1) \sum_{i \in \sigma_{1}} \gamma_{i} a_{ir} - \gamma_{r} \sum_{j \notin \sigma_{1}} a_{rj} - \sum_{i \notin \sigma_{1}} \gamma_{i} a_{ir}$$
$$\geq (k-1)\gamma_{r} \sum_{j \in \sigma_{1}} a_{rj} - \gamma_{r} \sum_{j \notin \sigma_{1}} a_{rj} - \sum_{i=1}^{n} \gamma_{i} a_{ir}$$
$$= (k-1)\gamma_{r} \theta - \gamma_{r} (1-\theta) - \gamma_{r}$$
$$= \gamma_{r} (k\theta - 2) > 0.$$

Observe that

$$\begin{split} f(\Sigma) - f(\Sigma^{s}) &= \sum_{i,j \in \sigma_{1}} \gamma_{i} a_{ij} + \sum_{i,j \in \sigma_{s}} \gamma_{i} a_{ij} - \sum_{i,j \in \sigma_{1} \setminus \{r\}} \gamma_{i} a_{ij} - \sum_{i,j \in \sigma_{s} \cup \{r\}} \gamma_{i} a_{ij} \\ &= \gamma_{r} \sum_{j \in \sigma_{1}} a_{rj} + \sum_{i \in \sigma_{1}} \gamma_{i} a_{ir} - \gamma_{r} \sum_{j \in \sigma_{s}} a_{rj} - \sum_{i \in \sigma_{s}} \gamma_{i} a_{ir}. \end{split}$$

Adding these equations we see that

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$$= \gamma_{r} (k\theta - 2) > 0.$$

• Therefore, for some $s \in \{2, \ldots, k\}$ we must have $f(\Sigma) > f(\Sigma^s)$, a contradiction.

Let $A: \ell_2^n \to \ell_2^n$ such that $|Ae_i| = 1$ for all $i \leq n$. There exists $\sigma_1 \subset [n]$ with $|\sigma_1| \ge c_1 n/||A||^2$ such that, for all $i \in \sigma_1$,

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- Note that $|\sigma(\omega)| = \sum_{i=1}^{n} \xi_i(\omega)$.
- From Bernstein's inequality we have

$$\mu\Big(\Big\{\omega: |\sigma(\omega)| < \frac{\delta n}{2}\Big\}\Big) \leqslant \exp(-\delta n/10).$$

• By the independence of the ξ_i 's we get

$$\begin{split} \mathbb{E}\Big(\sum_{i=1}^{n} \xi_{i}(\omega) \big| P_{\langle \xi_{j}(\omega)Ae_{j}:j\neq i\rangle}(Ae_{i}) \big|^{2}\Big) &= \sum_{i=1}^{n} (\mathbb{E}\xi_{i}(\omega)) \mathbb{E}\big| P_{\langle \xi_{j}(\omega)Ae_{j}:j\neq i\rangle}(Ae_{i}) \big|^{2} \\ &= \delta \mathbb{E}\Big(\sum_{i=1}^{n} \big| P_{\langle \xi_{j}(\omega)Ae_{j}:j\neq i\rangle}(Ae_{i}) \big|^{2}\Big) \leqslant \delta \mathbb{E}\Big(\sum_{i=1}^{n} \big| P_{\langle \xi_{j}(\omega)Ae_{j}:j\leqslant n\rangle}(Ae_{i}) \big|^{2}\Big) \\ &= \delta \mathbb{E}\big\| P_{\langle \xi_{j}(\omega)Ae_{j}:j\leqslant n\rangle}A\big\|_{HS}^{2} \leqslant \delta \|A\|^{2} \mathbb{E}\big\| P_{\langle \xi_{j}(\omega)Ae_{j}:j\leqslant n\rangle}\big\|_{HS}^{2} \\ &= \delta \|A\|^{2} \mathbb{E}\left[\dim(\langle \xi_{j}(\omega)Ae_{j}:j\leqslant n\rangle)\right] \leqslant \delta \|A\|^{2} \mathbb{E}\Big(\sum_{j=1}^{n} \xi_{i}(\omega)\Big) \\ &= \delta^{2}n \|A\|^{2}. \end{split}$$

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• From Markov's inequality, with probability greater than or equal to 1/2 we get

$$\sum_{i=1}^{n} \xi_{i}(\omega) \left| P_{\langle \xi_{j}(\omega) A \boldsymbol{e}_{j} : j \neq i \rangle}(A \boldsymbol{e}_{i}) \right|^{2} \leq 2\delta^{2} n \|A\|^{2}.$$

$$\sum_{i\in\sigma_0} |P_{\langle Ae_j: j\in\sigma_0\setminus\{i\}\rangle}(Ae_i)|^2 \leq 2\delta^2 n ||A||^2.$$

$$\sum_{i\in\sigma_0} \left| \mathcal{P}_{\langle Ae_j: j\in\sigma_0\setminus\{i\}\rangle}(Ae_i) \right|^2 \leqslant 2\delta^2 n \|A\|^2.$$

• We define

$$\tau := \{i \in \sigma_0 : |P_{\langle Ae_j : j \in \sigma_0 \setminus \{i\} \rangle}(Ae_i)| > 4 ||A|| \sqrt{\delta} \}.$$

$$\sum_{i \in \sigma_0} \left| \mathsf{P}_{\langle \mathsf{A} \mathsf{e}_j : j \in \sigma_0 \setminus \{i\} \rangle} (\mathsf{A} \mathsf{e}_i) \right|^2 \leqslant 2\delta^2 n \|\mathsf{A}\|^2.$$

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• Applying Markov's inequality once again we get

 $|\tau|(16\delta ||A||^2) \leq 2\delta^2 n ||A||^2$

which gives

 $|\tau| \leq \delta n/8.$

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 $|P_{\langle Ae_j: j \in \sigma_1 \setminus \{i\}\rangle}(Ae_i)| \leqslant |P_{\langle Ae_j: j \in \sigma_0 \setminus \{i\}\rangle}(Ae_i)| \leqslant 4 ||A|| \sqrt{\delta}.$

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• Choosing $\delta = 1/(32||A||^2)$ we get the result.

Sauer-Shelah

Let D be a subset of $E_2^n = \{-1, 1\}^n$ and $k \leq n$. If

$$|D|>\sum_{j=0}^{k-1}\binom{n}{j},$$

then there exists $\sigma \subset [n]$ with cardinality $|\sigma| = k$ such that $R_{\sigma}(D) = E_2^{\sigma} = \{-1, 1\}^{\sigma}$, where R_{σ} is the restriction to the coordinates of σ .

Combinatorial step

Let $A: \ell_2^n \to \ell_2^n$ such that $|Ae_i| = 1$ for all $i \leq n$. There exists $\sigma_2 \subset [n]$ with $|\sigma_2| \geq c_2 n / ||A||^2$ such that, for any choice of coefficients $(t_i)_{i \in \sigma_2}$,

$$\sum_{i\in\sigma_2} t_i A e_i \Big| \ge c_2 \frac{\sum_{i\in\sigma_2} |t_i|}{\sqrt{|\sigma_2|}}.$$

• We had found σ_1 with $|\sigma_1| \ge c_1 n/\|A\|^2$ such that, for all $i \in \sigma_1$,

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• For every $i \in \sigma_1$ we define $u'_i = Ae_i - P_{\langle Ae_j: j \in \sigma_1 \setminus \{i\} \rangle}(Ae_i)$ and $u_i = u'_i / |u'_i|$. Then, $|u_i| = 1$ and, for all $i \in \sigma_1$,

$$\langle Ae_i, u_i \rangle \geqslant \frac{1}{\sqrt{2}}$$
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• By the parallelogram law,

$$\operatorname{Ave}\left\{\left|\sum_{j\in\sigma_1}\varepsilon_j u_j\right|^2:\varepsilon_j=\pm 1\right\}=\sum_{j\in\sigma_1}|u_j|^2=|\sigma_1|.$$

$$D:=\Big\{(\varepsilon_j)_{j\in\sigma_1}\in E_2^{\sigma_1}:\Big|\sum_{j\in\sigma_1}\varepsilon_ju_j\Big|\leqslant \sqrt{2|\sigma_1|}\Big\}.$$

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$$\mathcal{R}_{\sigma_2}(\operatorname{conv}(\mathcal{D})) = \operatorname{conv}\Bigl(\{-1,1\}^{\sigma_2}\Bigr) = [-1,1]^{\sigma_2}.$$

• By the definition of D, if $(q_j)_{j\in\sigma_1}\in\operatorname{conv}(D)$ then

$$\Big|\sum_{j\in\sigma_1}q_ju_j\Big|\leqslant \sqrt{2|\sigma_1|}\leqslant 2\sqrt{|\sigma_2|}.$$

• Let $(t_i)_{i \in \sigma_2}$. We write

$$\frac{1}{\sqrt{2}}\sum_{i\in\sigma_2}|t_i|\leqslant \Big\langle \sum_{i\in\sigma_2}t_iAe_i,\sum_{j\in\sigma_2}\operatorname{sign}(t_j)u_j\Big\rangle.$$

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• From the Cauchy-Schwarz inequality,

$$\frac{1}{\sqrt{2}}\sum_{i\in\sigma_2}|t_i| \leq \Big\langle \sum_{i\in\sigma_2} t_i A e_i, \sum_{j\in\sigma_1} q_j u_j \Big\rangle \leq \Big| \sum_{j\in\sigma_1} q_j u_j \Big| \Big| \sum_{i\in\sigma_2} t_j A e_j \Big|$$
$$\leq 2\sqrt{|\sigma_2|} \Big| \sum_{i\in\sigma_2} t_j A e_j \Big|.$$

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we have that $\|S\| \leq 1/c_2$.

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• Then, S^* is factorized as $S^* = U \circ D$, where $U : \ell_2^n \to X$ with $||U|| \le \pi_2(S^*)$ and $D : \ell_2^n \to \ell_2^n$ is a diagonal operator with $De_i = \lambda_i e_i$ for some $\lambda_i \in \mathbb{R}$ with $\sum_{i=1}^n \lambda_i^2 \le 1$.

- Let $A: \ell_2^n \to \ell_2^n$ with $|Ae_i| = 1$ for all $i = 1, \dots, n$.
- We set $x_i = Ae_i$ and, by the previous step, we have $\sigma_2 \subset [n]$ such that $|\sigma_2| \ge c_2 n/||A||^2$ and for the operator $S: X = \langle x_i : i \in \sigma_2 \rangle \to \ell_1^n$ defined by

$$Sx_i = rac{e_i}{\sqrt{|\sigma_2|}}, \qquad i \in \sigma_2.$$

we have that $\|S\| \leq 1/c_2$.

• The adjoint operator $S^*: \ell_\infty^n o X$ is 2-summing and

$$\pi_2(S^*) \leqslant K_G \|S^*\| \leqslant rac{K_G}{c_2}$$

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- It follows that S can be written as $S = D^* \circ U^*$, with $D^* e_i = \lambda_i e_i$. Note that

$$U^*(x_j) = rac{1}{\lambda_j \sqrt{|\sigma_2|}} e_j, \qquad j \in \sigma_2.$$

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$$\sigma = \{j \in \sigma_2 : |\lambda_j| \leqslant \sqrt{2/|\sigma_2|}\}.$$

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• Finally, for any choice of real coefficients $(t_i)_{i\in\sigma}$ we have

$$\begin{split} \frac{K_{G}}{c_{2}} \Big| \sum_{j \in \sigma} t_{j} x_{j} \Big| \geqslant \Big| U^{*} \Big(\sum_{j \in \sigma} t_{j} x_{j} \Big) \Big| &= \Big(\sum_{j \in \sigma} \Big| \frac{t_{j}}{\lambda_{j} \sqrt{|\sigma_{2}|}} \Big|^{2} \Big)^{1/2} \\ \geqslant \frac{1}{\sqrt{2}} \Big(\sum_{j \in \sigma} t_{j}^{2} \Big)^{1/2}. \end{split}$$

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• This proves the theorem.